

Outcome	Actions	Progress to date	Who	COMMENTS/ADDITIONS
Awareness of loneliness is maximised and stigma eliminated; people are more connected	POP supports the development of thriving networks of neighbourhoods and the VCSE	Neighbourhood Network Launch, March 2nd 2019; POP Thursdays networking opportunities	POP	
	Promote Plymouth as a friendly place to be; Chatty Cafes - space for conversation	(i) Welcoming City programme in place, (ii) Moments Café joined Chatty Café movement	Chief Execs PCC	
	Use of open and green spaces to maximise community connectedness	Natural Infrastructure Team Active Neighbourhoods, Park events, Firework nights	PCC	
	Ensure there is a life course approach to tackling loneliness	Thrive 5 Ways to Wellbeing approach embedded: University of Plymouth SPACE on city centre campus; Childrens Centres & Wellbeing Hubs;	Public Health, PCC	
	Encourage intergenerational approaches	Elder Tree supporting younger people to befriend older people; commissioned care services provide peer support for vulnerable groups	Commissioning, PCC	
	Increase numbers of volunteers, e.g. with Elder Tree, Silverline, Timebanking	(i) Mayflower 400 - 200 older people to be signed up for Mayflower Makers volunteer training in 2019/20; (ii) One Plymouth Launched, all age volunteering	Chief Execs PCC	
A strong and resilient community	No health without mental health - commission strengths based and personalised support services	In place: Complex needs service, Headscount, mental health floating support, mental health recovery college; Warwick/Edinburgh Mental Wellbeing Scale (WEMWEBS) tool used to monitor reduction in loneliness	Commissioning, PCC	
	The Wellbeing Hubs to increase community engagement and involvement	3 hubs launched so far, priority is the vision for wellbeing of local people and community connectedness	Wellbeing Hubs	
	Skilling up staff to be able to promote resilience	(i) Emotional Wellbeing Service in schools; (ii) Public Health upskilling Funeral Directors to appropriately support and signpost bereaved; (iii) PCC Bereavement and Registration services being equipped to signpost	All Providers	
	Ensure there is good move on from secondary and community mental health services	(i) Commissioned low level support services in place, will be linked into Wellbeing Hubs; (ii) social prescribing service	Commissioning, PCC	

Outcome	Actions	Progress to date	Who	COMMENTS/ADDITIONS
	Developing a Compassionate Community around end of life/bereavement	St Lukes developing a Compassionate City - normalising the discussion around death;	St Lukes	
	Delivery of mental health and wellbeing training in businesses and communities e.g Understanding MH and Wellbeing, Connect 5	Delivery within Health Improvement Contract already taking place and expanded to include Connect 5; Mental Health First Aid training promoted across providers	Livewell Southwest	
Leadership through Thrive Plymouth using 5 Ways to Wellbeing, ensures that partners are fully aware of the causes and effects of loneliness and how to tackle it	Review and respond to trigger points for loneliness through the Wellbeing SDG and citywide events	(i) SDG Meetings 3 times a year; (ii) Compassionate City network launch	Commissioning & Public Health, PCC	
	Promote 5 Ways to Wellbeing through Wellbeing Hubs;	Thrive Year 4 = 5 Ways to Wellbeing; Hubs branding	Public Health, PCC	
	H&WB Board to sign up to Pledge to End Loneliness	To be signed March 2019	HWB Board	
	Identify leads in key institutions - 'champions' E.g. University, Large employers	Workplace wellbeing champions - good coverage already in place	Public Health, PCC	
Co-production supports strong and connected communities	Ensure services are making appropriate referrals/ using screening processes for loneliness	Hubs Wellbeing Service procurement will include KPIs on reducing loneliness	Commissioning, PCC	
	Wellbeing Hubs using community spaces to provide a focal point of activity in neighbourhoods	4 open by 31st March 2019, 5 more planned	Wellbeing Hubs	
	Where relevant, commissioned services have Spec to include reducing loneliness	Elder Tree Befriending Service for people over 50, Extra Care Social Inclusion, Sheltered Housing, Social Prescribing; new Wellbeing Service in development; new Family Hubs in development	Commissioning, PCC	
There is increased knowledge of services/ opportunities to reduce loneliness	Relaunch POD, including information on useful websites	Launch of new POD in April	Commissioning, PCC	
	Through the Universal and Targeted Hubs Network, keep neighbourhood activity maps	Social prescribing service and 3 existing hubs are all mapping services; POP also mapping; Information and Signposting training already rolling out, e.g. libraries, pharmacies etc	Wellbeing Hubs	

Outcome	Actions	Progress to date	Who	COMMENTS/ADDITIONS
	Employers signing pledge	Use of mental health toolkit for employers. Workplace wellbeing offer from Health Improvement Team to local businesses - due to launch in Feb	Public Health, PCC	